









To find the best
in the business

THE BRAND COLLECTIVE

2026

Version 2

JOLLY TOTS KINDERKINETICS

Pediatric movement therapy

Building strong, confident, and capable little humans through movement





We offer:

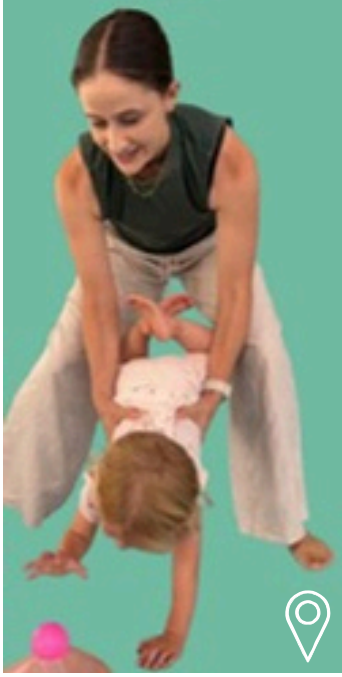
- Baby-Nastix
- Moms & Tots
- FunGym
- One-on-One Sessions
- Remedial Sessions
- School Programs
- Swimming Lessons
- We Also Host Parties!













CONTACT Jolly Tots Kinderkinetics:
072 586 6447
info@jollytotskinderkinetics.co.za

The Shed, Santa road, Spier wine farm, Stellenbosch



COOP KIDS ART

Service Offered

- weekly kids group art classes
- one on one studio sessions
- kids master piece sessions
- custom keepsake kids artwork collage

Contact Landi,
082 552 6865
Follow along for all the fun:
Instagram: coop_kids
Based in Somerset West

What is Biokinetics?



Biokinetics is the **science of movement** and the use of **exercise** as a tool to restore, improve, and enhance physical performance and movement.
It focuses on improving **physical function** and **overall health** through structured, **evidence-based exercise**.

BIO + KINETICS = LIFE + MOVEMENT
LIFE THROUGH MOVEMENT

You can see a Biokineticist if:

- You are **recovering** from **injury** or **surgery**
- You want to **return to sport** safely
- You need help **managing** a **chronic** or **orthopaedic condition**
- Individuals wanting to improve **performance** or **prevent injury**
- You want to **move better** and **get stronger**
- **Pre- and post-**partum

Contact us for more information:

Anja Marais Biokineticist
Practice number: 0876682

072 677 2994

https://anja-marais-biokineticist.bookem.com

anjam.biokin@gmail.com

24 Dennehoek Street, Heldervue, Somerset West

Build a brand that **works for you** while you sleep.

Social Media Management

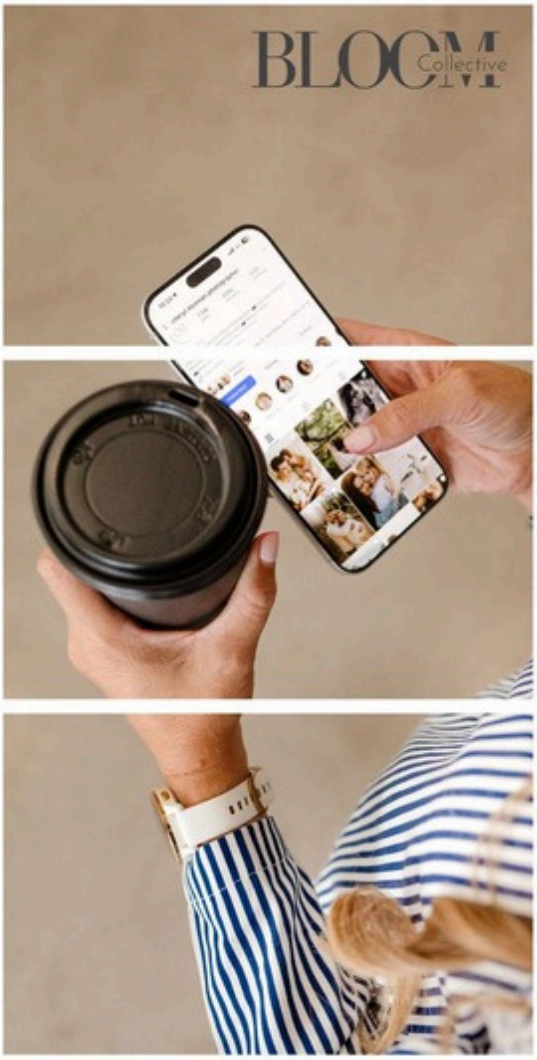
Design

Paid Media

Events

Website Setup & Training

Workshops



We know what it feels like to have the ideas or want to show up online, but feel stuck, unsure or don't know where to start. **Let's figure it out together.**

info@bloomcollectivesa.com | 084 423 8808

@bloomcollectivesa Bloom Collective SA

COMMISSION AN ORIGINAL WATERCOLOR PAINTING OF A HOME THAT HOLDS MEANING —
a childhood house, a first home, or a place filled with memories.

Each piece is hand-painted in a loose ink-and-wash style, designed to become a timeless heirloom — a way to hold onto a place, forever.

- **Micro-Memories** (A5–A4) from **R890**
- **Legacy Pieces** (A4–A1) from **R1,450**

Limited commissions available each month

LOVINGLY CREATED BY KARI DU PLESSIS
Commission enquiries: 082 493 2771

YOUR HOME
Forever in Colour



Click here

LITTLE AND LOVED



For all your gentle, developmental, and nurturing essentials...



Sensory Play
Maternity & Baby Essentials
Developmental Toys
Equipment Rental & Purchase



From a therapist and a mommy, to you









CONTACT Little & Loved:
074 422 4884
info@littleandloved.co.za



Stellenbosch Gymnastics

Building strength, confidence, and skill at every level

-From zero to hero-
Whether you are just starting out or aiming for excellence, we guide every gymnast with expert coaching and supportive training







What we offer

- **Competitive and Non-Competitive Artisitic Gymnastics for WAG (woman) and MAG (men)**
- **High performance coaching**
- **Adult gymnastics**
- **Homeschool gymnastics programs**
- **Gymnastics parties**
- **Parkour**

Join us today!

The Shed, Santa road, Spier wine farm, Stellenbosch

admin@stellenboschgymnastics.co.za

https://www.stellenboschgymnastics.co.za/



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FLYING FITNESS
AERIAL SILKS

AERIAL SILKS & HOOP CLASSES

CHILDREN & ADULTS

1

Monday:
4pm, 5pm, 6pm
Tuesday: 8:45am,
3pm, 4pm, 5pm
Wednesday:
4pm, 5pm, 6pm
Thursday:
4pm, 5pm, 6pm
Friday: 8:45am
Saturday: 9am,
10am







RATES

Once-Off = R220.00
MONTHLY RATES
1 x per week (4 classes per month*) = R850.00
2 x per week (8 classess per month) = R1450.00
3 x per week (12 classes per month) = R2000.00
4 x per week (16 classes per month) = R2500.00
PRIVATES (1 hour) = R450.00

Find our schedule:
www.flyingfitness.co.za

BOOKING ESSENTIAL

- FITNESS
- STRENGTH
- FLEXIBILITY
- SELF-ESTEEM

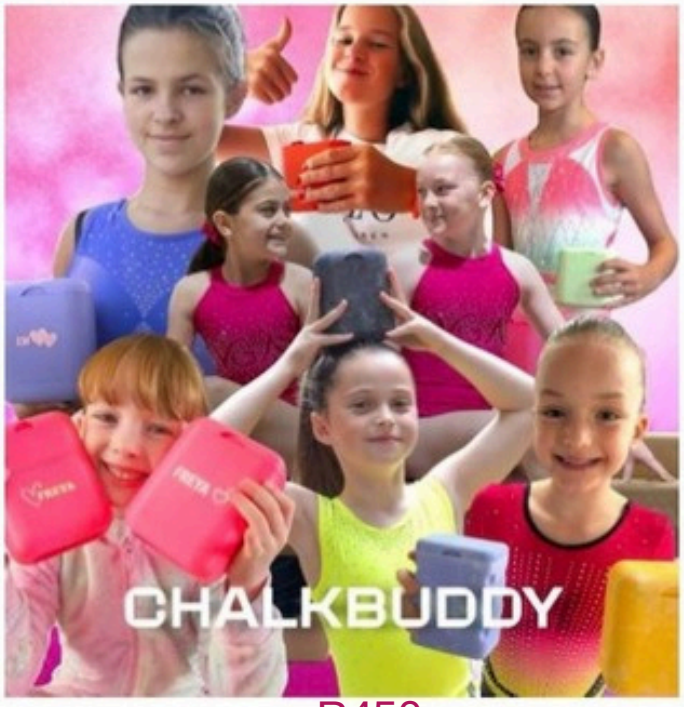
BOOK BIRTHDAY / HEN PARTIES

Week & Weekend Classes Available
Absolute begginers welcome!

VENUE - FLYING FITNESS AERIAL STUDIO, THE SHED, SANTA ROAD, STELLENBOSCH

WHATSAPP JESYKA +27 81 835 8536

WELCOME TO THE GANG



R450

Contact: Peter

Cell: 071 629 2265

CHALKBUDDY HAS ARRIVED

ChalkBuddy combines convenience, innovation, & style in one compact holder. Lightweight, reusable, & available in a range of colours, its the smart way to keep chalk controlled during every training session. They include the chalk & have a magnetic lid.

Enjoy !!!!!





The Shed Café

We believe in treats that nourishes and delights.

Baked goods and platters thoughtfully created using healthy, good ingredients, while still embracing the joy of something truly decadent.



084 506 1044

In-house catering
Party and Function catering
Day-to-Day café

THE CULINARY DIETITIAN

A mobile dietetic practice empowering people of all ages, shapes, & sizes to have a positive relationship with food & be comfortable in their bodies.





- Full 1hr Nutritional Assessments.
- 30min Discovery Vitality Assessments.
- Pre / Postnatal Sessions covered in full by the Discovery Health Maternity Benefit.
- Dietary guidance for general health & a variety of conditions.
- Individualised Meal Plans.
- Family Menus.
- Cooking Lessons.



Kim Slabbert, RD (SA)
HPCSA Practitioner Number - DT 0061301
BHF Practice Number - PR 1087657
Website - www.theculinarydt.co.za
Mail - hi@theculinarydt.co.za
WhatsApp - 061 538 7186

The

Glass Skin

Effect



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Est. 2018



MARILEEN

BA.HONS PSYCHOLOGY BSC.HONS SPORTS SCIENCE

072 328 7494

floreerorg@gmail.com

@floreer.org_Sportspsychology

SPORTS PSYCHOLOGY COUNSELLING

RUNNING COACH

WWW.FLOREER-ORG.COM

omi.co.za

Leer, Speel, Skep

Somme(r) Pret

Sit die pret terug in leer!







CONTACT: ALICIA

CELL: 079 729 8356 / 064 456 8230

Whats Apps Welcome

EMAIL: aliciavbreda@gmail.com

	ZAR			
PRODUCT	**2L**	**5L**	**25L**	
Bubble Bath	80	120	370	
Comfort (Pink / Blue)	75	115	270	
Domestos	85	125	325	
Hand Sanitizer	120	210	760	
Hand Soap	80	130	380	
Handy Andy	80	110	265	
Jeyes Fluid	80	120	340	
Jik	85	100	225	
Laminating Floor Cleaner	90	150	400	
Omo / Ariel Liquid	95	160	440	
Oven Cleaner	95	150	370	
Pine - Fresh, Cherry & Lavender	75	105	270	
Pine Gel	120	225	760	
Sink & Drain Cleaner	75	110	245	
Sunlight Dishwasher Liquid	90	120	340	
Toilet Bowl Cleaner	70	105	325	
Vanish	80	125	320	
Window Cleaner	70	90	225	
Cling Wrap 30m	190			
Garage Roll	310			
Twinsaver (Econo Pack) 48s 1 Ply 500 Sheets	300			
Twinsavers Luxury 2 Ply 24s	220			
Washing Powder - Ariel, Omo, Sunlight, Maq & Surf (Auot & Hand Wash) KGs	2Kg	5Kg	10Kg	20Kg
	80	145	210	300
For 25L orders an additional R40 or provide your own drum				
NB: Certain products experienced a price increase as from 1 May 2026				

Get your business featured

074 422 4884

Advertising **locally loved** brands in and around Stellenbosch and Somerset West.